



SINGLES UNDER SAIL, INC.

THE MASTHEAD

Volume 33 Issue 4

May 2019



Photo by Ida Lowe

Singles Under Sail, Inc.



BOARD OF DIRECTORS

President Leisa Bell

president@singlesundersail.org



Vice President Cherie Flavin

cherieflavin@hotmail.com



Treasurer Chip Munk

treasurer@singlesundersail.org



Secretary Karen Ferris

kgferris@att.net



Commodore Peter Luciano

sloopquest@aol.com



Vice Commodore Janet Steinberg

crewsails@gmail.com



Membership Teresa Nilla

membership@singlesundersail.org



Newsletter Ida Lowe

newsletter@singlesundersail.org



Public Relations Ronnie Ross

publicrelations@singlesundersail.org



Special Events Aija Klebers

aijaklebers@yahoo.com



Welcome New Members

Polly Newman
John Cravenho

May Birthdays

Bill Hughes 5/2
Aija Klebers 5/6
Chip Munk 5/8
Sherry Anderson 5/22
Gary Silberberg 5/28

BULLETIN BOARD

UPCOMING EVENTS May—June 2019

- Thu, May 2** 6-9 PM **SUS May Gathering**
Paella Restaurant, Norwalk
- Thu, May 16** @ 7 PM **Program Meeting: Cakewalk, Largest Private Vessel**
Knights of Columbus, Stamford
- Sun, May 19** 6-9 PM **Cast-Off Party**
Ponus Yacht Club, Stamford
- May 25** @ 4 PM **Sail/Drive Gathering**
Captain's Cove, Bridgeport
- May 25-27** **Memorial Day Weekend Sailaway**
Captain's Cove, Bridgeport & Port Jefferson
- Thu, June 6** @ 6 PM **Pot Luck Dinner/Nominating Committee Elections**
TBD
- Sat June 8** **All Aboard Sailing**
Sign up at a Club event
- Thu June 20** @ 7 PM **Program Meeting: Skipper Education**
Knights Of Columbus, Stamford
- June 22-23** **Weekend Sail Away**
Port Jefferson

Welcome Renewing Members

Caryl Bate	Isabel Klein
Roger Blaho	Domenico Loschiavo
Carmen Bracho	Peter Luciano
Lael Burns	Robert Lussi
Ginny Cameron	Jim Malone
Dawn Daly	Doreen Mouzakes
Jane Deyoe	Leah Quinn
Zoran Dacic	Cynthia Scanlon
Bill Draper	Scott Schiller
Gale Egan	Tanya Semenko
David Fein	Tove Simonsen
Karen Ferris	Michael Smith
Mary Gable	Robert Spears
Dean Gamanos	Marie Taney
Iga Jachowicz	Donna Wade
Ashod Kassabian	Tommy Zagaroli

President's Message
Leisa Bell



Spring is in full bloom and it is a wonderful time to be outside in the fresh air .

Club members enjoyed the annual Meet the Skippers event on April 7. Many of you enlisted your assistance to the skippers as they prepare their boats for 2019 sailing season. Bravo to the skippers and volunteers who have spent many hours with this daunting task!

Memorial Day weekend is the official kickoff of the SUS sailing season, commencing with the Black Rock and Port Jefferson Sailaway. Mark your calendars (May 25) for the sail/drive event in Bridgeport which will sponsor a cocktail hour on the dock.

The SUS Board is excited to welcome back three former Board members. Cherie Flavin, as Vice President, will be chairing the Nominating Committee and is taking a lead in contacting previous members to attend upcoming events. Janet Steinberg, Vice Commodore, is already working with the skippers to coordinate contact with potential crew and vice versa. Aija Klebers, is returning as Special Events Director and will be working with the members who have volunteered to chair specific activities. Please join me in thanking these women for their dedication to our club.

Vice Commodore's Report—Janet Steinberg
Boating Education



Safety on the water at all times is our number one priority. Knowing the basics before boating adds to confidence and enjoyment for all. So to promote the well being, comfort and safety for skippers and crew, SUS requires all members to complete three courses before their second year renewal.

- **SUS Membership Orientation Class (MOC)** In the course of this one hour session, a Membership Orientation Pamphlet with information about Singles Under Sail, boating safety, sailing terminology, and the SUS bylaws is distributed. SUS guidelines to cruising, sharing expenses, and other useful information will be discussed. Information about locally available boating related courses is included.
- **SUS Dockside Orientation Class (DOC)** Lasting approximately two hours, DOC is an introduction to sailboats and boating safety. They are held Saturday mornings at a dock alongside a member's sailboat (and is often followed by an afternoon sail). Skippers are encouraged to attend and assist new sailors.
- **Safe Boating Course** At least eight hours of an approved boating course must be completed. Before active sailing starts is an ideal time to get this requirement done. The US Coastguard Auxiliary (USCGA), America's Boating Club (formerly known as Power Squadrons), boat clubs and local coastal communities all provide courses. If it has been some years since you took your course, a refresher may be an opportunity to check and update your knowledge!

USCGA (Flotilla 72, Norwalk), whose education program is run by our own Joe DeFranco, is offering Safe Boating classes on [May 11](#) & [June 29](#). For full listings of upcoming Boating courses near you, check out the following websites:

[US Coast Guard Auxiliary - Safe Boating Courses](#)
[America's Boating Club – Boating Education](#)

See you on the water,
Janet

Commodore's Corner—Peter Luciano



La Buona Vita is in the water and getting ready for the Memorial Day Weekend at Black Rock Harbor.

Joe DeFranco has arranged to have USCG AUX inspectors available to do safety inspections on SUS boats at Black Rock Harbor. Please let me know if you are coming and want to have your boat inspected. Also let Janet know if you are coming and how many people on your boat so we can provide docking and make sure we have enough food.

Janet, our new Vice Commodore, has put together a twilight sailing schedule, Bob Lussi is working on the cruise assignments, and Let's Go Sailing event dates have been published. All we need now is for Mother Nature to supply some good sailing weather!

As you are getting for the 2019 sailing season, please be safe working on your boats and make sure you are ready for the Memorial Day Weekend events. To that end, here are recommendations from my March 2018 article.

*Ladders are used for waxing or getting on a boat. Ladder rungs can break, wobble or move sideways if not properly secured. First and foremost, ladders should be inspected for soundness and good construction. An old wobbly ladder should be discarded. When using a ladder to get on the boat, make sure that it is tall enough and is tied off at the deck so it won't move sideways. When using a ladder to wax the boat, make sure it is at a good angle and well footed. It is best to move the ladder often so that you don't have to over stretch sideways which may cause you to slip or strain your arms. Some have found having two ladders with a large board placed between the rungs helps get the job done. I have also found that some waxes go on easier, last longer and protect better. It might be better to spend a little more and save time.

*Walking around boat yards can be fun, but there are things which should be avoided. Old extension cords can get frayed. Wire + water = potential electrical shock! Be cautious to avoid discarded poppets, pieces of wood, ladders and other potential trip hazards that are all around. At least once a year, I walk into something and cut my head open because it is just above my line of sight. Walk slowly and look up as well as down. Be careful when walking near a boat - some don't look below before throwing things over, like buckets of water from above! Keep your dog at home as puddles are attractive and they may contain antifreeze (propylene glycol) which is lethal to dogs and extremely toxic to humans.

*Walking around the deck when the boat is on land (the hard) is different from when it is in the water. My boat deck is 10' above the ground. You can only fall 10' to a hard surface once. This is the time to pay attention to "one hand on the boat and one for you". In my opinion, balance on a deck when the boat is on the hard, is scary at best. Don't trust the life lines to keep you from falling, as the gate may be open and lines are only knee high. Life lines may be rusted and weak as they were never designed to keep someone from falling off a boat onto land. Decks should be cleaned and waxed in the spring, but it might be best to do it after the boat is splashed.

*Prepping and painting boat bottoms is a necessary but a potentially hazardous task. Before sanding, washing or painting, cover all of your skin with an appropriate coverall. Next, make sure that you have a good face mask (respirator type), not a paper dust mask, before sanding. Make sure your sander has an attached dust bag. I have observed yard hands using a stand up stick fans blowing the residual dust away from them. I have also found spot sanding and washing down the boat bottom with fresh water does a good job of prepping. It may be helpful to put a few ounces of ground red pepper in each gallon of bottom paint. Also, I believe we tend to over paint bottoms, more is not always better. Consider using water based bottom paint as cleanup will be easier. In any event, keep the dust and paint off your body and out of your lungs, IT IS TOXIC!

* Sometimes working on boats can get messy so wear old clothes, bring some rags, gloves and eye protection, but most of all have fun, make new friends and let's enjoy the upcoming sailing season together.

First in Last out
Pete

Vice Commodore's Report—Janet Steinberg

Are YOU ready for the boating season?



Yes, it's just a few weeks until our kick off Sail Away to Black Rock and Port Jefferson over the Memorial Day weekend. Boats are getting cleaned and prepped. Some are already in the water. It takes a lot of elbow grease and energy to prep the boat to be sailing ready. So, if you have not done so already, contact a skipper and ask how you can help. For new members, it is a great way to get to know fellow club members.

We have an exciting 2019 sailing calendar of events to look forward to with day & twilight sails, sailaways, and the club cruise at the end of July.

Day & twilight sails offer the opportunity for skippers and crew to meet and get to know each other, maybe get some "laid back" instruction, and just enjoy sailing time. Twilight sails offer a wonderful way to unwind after a hard day at work, and often a beautiful sunset. And of course, we have the **All Aboard Sailing** days. The schedule may change without notice at the discretion of the skipper. And all sails are "weather permitting."

Crewing on Day/Twilight Sails

- As Vice Commodore, I will help in connecting available crew with available skippers. Just contact me at crewsails@gmail.com or call/text [\(914\) 522-9645](tel:9145229645).
- Contact the skipper! The Day/Twilight Sail Schedule shows how the skipper would like to be contacted - by email or phone. Advance notice of at least 24 hours is suggested.
- Post your availability to the Let's Go Sailing Forum.
- To crew on **All Aboard Sailing** events, check our Calendar on the SUS website for current dates and sign up at a club event.

Etiquette

- Be sure to bring sailing gloves, proper deck shoes, foul weather gear, etc.
- Keep in mind that you are the guest of the skipper. The skipper has full authority to accept or decline guest(s) on his/her boat.
- Try to get to the boat on time. If you're stranded in traffic, call the skipper.
- Once back at the dock, we usually have a short sun-downer / happy hour. Bring a "little something" and your own beverage. Also, don't over-stay.

Enjoy your sail!

Editor's Note

To make the articles easy to read and navigate, ALL links to web sites are live. Just click on the red/underlined text to follow the link to the referred page or email address.

And please, would love to include contributions from any of you. It would be great to include articles about your own sailing experiences. So please let us hear from you!

Ida



MEET THE SKIPPERS



Prospective and current members enjoyed meeting and re-connecting with Skippers and their boats at the annual MEET THE SKIPPERS gathering at the Sign of the Whale in Stamford. The Sign of the Whale welcomed us again with delicious sliders, pizza and tacos and soft drinks available to all.

Thank you to all the skippers who participated - it was a great turnout!

- | | | |
|-----------------------------------|-------------------------------|--------------------------------|
| Roger Blaho - Belle | Peter Luciano - La Buona Vita | Howie Rinehart - Alize |
| Michael Burke - Hawkeye | Bob Lussi – Phoenix | Gary Silberberg - Silver Eagle |
| Terry Cotterral Lagana – Serenity | Chip Munk – Tantara | Michael Smith - Sea Hero |
| Bill Draper- Cur Non | Joe Payea - Yoonique | Bob Spears - Esmeralda II |
| AK Kassabian – Elektra | Leah Quinn - Midnight Sun | |

TAPAS, TAPAS, TAPAS!!!

Come join new and old SUS members on Thursday, May 2nd

6-9 PM at Paella Restaurant in Norwalk.

44-46 Main Street, Norwalk, CT

Have we got a deal for you!

FREE TAPAS BUFFET FOR SUS MEMBERS !!!

Cash Bar

www.paellarestaurantnorwalkct.com

Non-members, Meetup members and guests - \$15 at the door



SUS CAST-OFF PARTY
Sunday, May 19th, 2019, 6-9 pm



Ponus Yacht Club

41 Bateman Way, Stamford CT 06902

Dress code: yachting casual

Dancing! Music by Art & Vito

Guests welcome!!

Dinner includes penne ala vodka, garden salad,

Choice of: prime rib, salmon or chicken entrée

Dessert and coffee

Cash bar

**Reservation and \$50 p/p payment with entrée choice
must be received by May 16th**

**Mail check payable to SUS and mail to Tom Zagaroli,
70 McKinley Ave, #A-13, Bridgeport CT 06606**

Email: traveltz1@hotmail.com

Join us for a fun filled sailing weekend!
MEMORIAL DAY WEEKEND SAIL AWAY May 25-27
Sail/Drive to Captain's Cove, Bridgeport May 25



For the first Sail Away of the year, anticipation of this weekend is running high.

As a sail drive event, you can drive to Captains Cove for the day and join in the camaraderie at the dock gathering for happy hour on Saturday late afternoon.

The boats will be docked as usual at Island Dock, Cove Marina, just a quick launch ride away, to ferry those not on boats.

On Sunday morning the boats will be leaving for Port Jefferson and mooring close to town, again a launch ride away. Dependent on the weather a possible beach barbecue is being planned with other boaters.

If you are available to crew, contact Vice Commodore Janet at 914-522-9645 or crewsails@gmail.com, and she will try to find you a boat to sail.



May 16, 2019

Knights of Columbus, Stamford, CT

Join us for dinner at 5:30 in the restaurant

Mix, mingle and enjoy fruit, cookies and coffee at 7

The Meeting starts at 7:30



Can you imagine what it would be like to vacation on one of the world's largest and most extravagant ships? Captain Rick Delfosse can, as he was one of the project managers for the building of this extraordinary vessel.

In 2010 Derecktor Shipyards in Bridgeport launched *Cakewalk*. At 281feet long and nearly 3,000 tons, *Cakewalk*, with its opulent appointments, is arguably not only the largest, but perhaps the most elegant private vessel ever built. She is, in the opinion of many experts, the first U.S. built yacht to meet, and in many cases, exceed the standards of the very best European builders.

Captain Rick, who has taken a short time off from his circumnavigation will give us a look into *Cakewalk's* design and development, construction, a history of its ownership and a look into its present state of affairs.

Join us for this fascinating presentation!