



SINGLES UNDER SAIL, INC.

THE MASTHEAD

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US Coast Guard Barque Eagle passing Ledge Light, New London Harbor

Photo by Sean D Elliot

HAVE A SINGLES UNDER SAIL QUESTION? *Contact:*

President * president@singlesundersail.org	Joe DeFranco		At the helm
Vice President * SUSvicepresident@gmail.com	TBA		Meeting locations, Nominating Committee
Treasurer * treasurer@singlesundersail.org	Chip Munk		Budget, financial reports, expense reimbursement
Secretary * kgferris@att.net	Karen Ferris		Calendar, meeting minutes, SUS bylaws
Commodore * sloopquest@aol.com	Peter Luciano		Skippers, sailing schedule, Program Meeting speakers
Vice Commodore * crewsails@gmail.com	Janet Steinberg		Day & Twilight Sails, Sailaways, All Aboard Sailing events, education classes, orientation materials
Membership * SUSmembership@gmail.com	John Cravenho		New member applications, education certificates, boating certifications
Membership Database SUSdata1@gmail.com	Petra Schallenberg		Demographic updates, dues
Newsletter * SUSmasthead@gmail.com	Ida Lowe		Masthead editor: articles, photos, Announcements, Ads
Public Relations * SUSpublicrelations1@gmail.com	Ronnie Ross		Club announcements, Meetups, Publicity
Programs * cbreeze1572@gmail.com	Camille Platzek		Speakers programs
Special Events * aijaklebers@yahoo.com	Aija Klebers		Special events: venue & party planning, Club party supply inventory
Webmaster SUSwebmaster18@gmail.com	Ida Lowe		Club website & Facebook page

* Board Member

MESSAGE FROM THE SUS BOARD

At this time we must all try our best to follow what our Federal, State and Local officials are telling us. Based on the current COVID-19 Virus spread, the Board has made a decision to cancel all SUS events until further notice.

Your Board will do its best to keep abreast of the changing situation and resume our planned events as soon as it is advisable. One method of communication will be our Web Site. Individual skippers looking for assistance commissioning their boats or needing help moving them should post that information on the website and contact Janet. Individuals should contact one another when possible.

At times like this we should stay abreast of what is happening all around us, reach out to others, and follow the suggested preventative actions being suggested by government agencies and the medical professionals.

Stay safe and let's all hope we can salvage the upcoming sailing season.

Joe DeFranco President
Peter A Luciano Commodore

BULLETIN BOARD

UPCOMING EVENTS

*All SUS events have been suspended due to
Coronavirus Pandemic*

April Birthdays

John Cravenho 4/12 Lael Burns 4/15
Diane Harrison 4/12 Cherie Flavin 4/23

Welcome Renewing Members

Sherry Anderson	Polly Newman
Susan Anderson	Joe Payea
Leisa Bell	Camille Platzek
Roger Blaho	Julie Prescott
Lael Burns	Joanna Romersa
Ginny Cameron	Julie Rosenshein
Dawn Daly	Paul Savage
Susie Dorsey	Gary Silberberg
Bill Draper	Cynthia Scanlon
Gale Egan	Tove Simonsen
Karen Ferris	Tom Zagaroli
Mary Gable	
Gary Geffner	
Diane Harrison	
Bill Hughes	
Domenico Loschiavo	
Bob Lussi	
Maureen McCarthy	

Welcome New Members

Cynthia Bunt Gardner Reggie Lynde
Fred Cronin

Annual Meeting & Awards



Neptuna presented by Leisa Bell to **Ronnie Ross**

Neptuna presented by Peter Luciano to **Tommy Zagaroli**

Rookie of the Year presented by Petra Schallenberg to **John Cravenho**

Lifetime Membership awarded to **Bob Lussi**

Commodore's Corner—Peter Luciano

Time To Come Together For Everyone's Benefit



One sure thing about the boating community is that we tend to come together in a time of need. Understanding what we are up against and working together is important for all of us. That said, I would like to share the following story as an example of how boaters reach out to help one another.

About six boats were hunkered down, waiting for a storm to pass on the lee shore of a small island in the Bahamas. It was around breakfast time one morning when one of the boats put out a radio Pan Pan: there were two people on board that were sick with suspected ciguatera (also known as fish poisoning)- a toxin found in reef fish that when eaten attacks the nervous system, and did anyone know about this condition? The two had initially had mild gastrointestinal symptoms but were now severely incapacitated and unable to get out of bed and stand.

Recognizing that medical help was needed, the crew on La Buona Vita stepped into action. We located a local clinic and spoke to the on-duty doctor. He had the needed medication, but someone had to go and pick it up! Since the two patients were too sick to be moved to shore, we had to launch our large dinghy into some very rough water. Undaunted, the skippers of two boats (La Buona Vita and Release) stepped up to the plate and into action. With the wind at our backs we set off to get the medicine. The outward trip was uneventful, it took about half an hour. We secured the medicine and attempted to get back into the dink, but the waves were breaking over the dock and it seemed impossible. We decided to wait out for a change in the waves, no luck. Eventually, we held our breath and jumped into the dink luckily landing in one piece. Coming back with the medicine, into the wind was like riding a very wet roller coaster, and it took about two hours. In the end, the medication worked, and the couple was transported to shore the next day for IV therapy.

Today, like the boaters in the story, it's time for all of us to pull together, people and countries, to help one another. If someone you know is in trouble, please look for ways to help. Keeping ourselves healthy and looking out for and protecting the health of others is key.

Spring is almost here, and our sailing season is something we can all look forward to. Hope to see you on the water soon!

Pete

A friendly beacon on the shore

reassures the soul



Vice Commodore—Janet Steinberg



As a club, SUS has been more than just a seasonal sailing club. Long term friendships have developed and personal support amongst members is a constant trademark of SUS membership.

Last month the board met very successfully via telephone conferencing. SUS members may not be able to get together face to face, but thanks to current technology there are alternative ways to meet – such as video conferencing or teleconference. I do not have enough knowledge or information as to how to do this, but I am sure that some members do. Suggestions welcome! So, what can we do to support each other before we can “meet again”?

- Look through the membership list and give a call to one of them, check how they are doing, share how you are faring.
- Share your personal experience, how you are dealing with social distancing, dealing with this new reality, and send it to susmasthead@gmail.com for inclusion in next month’s Masthead.

Activities Message Board

- And you can always log in to our website and post on

And it’s a good time for online learning. There are several good resources for online sailing education opportunities available for novice as well as sailors with some experience or an expert. Check out [ASA Free Online Sailing Video Lessons](#) and [NauticEd International Sailing School](#).

Please feel free to contact me - text (914) 522 9645 or email crewsails@gmail.com, if I can help with anything.

Let’s take care of each other. We are in this together. Stay in touch until we are able to meet again and GO SAILING!

SOCIAL DISTANCING & UNPRECEDENTED TOILET PAPER ECONOMY

Janet Steinberg, RN,CNM,MPH

So, what’s next? When will this be over? Will we survive? It’s going to get worse, before it gets better! Have I been infected? Will it infect me? Can I get tested? I wish I could answer the questions with certainty. The one thing I do know with certainty is that unless WE ALL follow the principles of infection control it’s never going to be over. The simple basics are social distancing, hand washing and vigilance, no exceptions!!

IF IT FLOATS, IT BELONGS IN SUS ***Commodore Peter Luciano***



Kayaks, paddle boards, canoes, sail boards and wet boats - activities are expanding rapidly on Long Island Sound! Once the current crisis is contained and summer arrives, these activities should come back with gusto.

SUS is looking for ways to expand our on water activity, and this might be a way. If you have knowledge in this area of boating please let Janet Steinberg (crewsails@gmail.com) or John Cravenho (jcravenho@gmail.com) know. Help us get this area of on water activities started in SUS.

Stay Safe and let's hope for a great summer season on the water!.

Peter Luciano

Get Together At the Crabshell

