



SINGLES UNDER SAIL, INC.

THE MASTHEAD

Volume 36 Issue 8

September 2022



Photo by John Cravenho

UPCOMING ACTIVITIES – BULLETIN BOARD

Sunday, September 11 4-8 PM



**Come join your SUS friends, new and old,
at Pierrepont Lake in Ridgefield, CT**

RSVP required by Sept.8 - no walk-ins!
RSVP to SUSpublicrelations1@gmail.com to be sent an e-mail with the location of the BBQ

We'll have hamburgers, hot dogs, salmon burgers, side dishes and dessert. Bring your chair and BYOB - we will have water and ice
No charge for members
Guests \$20 at the door

Please email SUSpublicrelations1@gmail.com to let me know if you can share some time cooking at the BBQ grill

September 17-18 Sail Away

Northport

What is behind those 4 stacks?



A favorite and picturesque destination, Cruising Guide describes as "a gem all its own and visitors can delight in the downtown filled with shops, restaurants and ice cream before strolling back to one of the friendliest town docks on Long Island." CONTACT crewsails@gmail.com

September 21-22 Sail Away



Mount Sinai

Mount Sinai is a manmade harbor where most of the surrounding marshland is a nature preserve, a place to enjoy a quiet walk, swim, or go for a bike ride! Later, go for dinner and at Mount Sinai Yacht Club! CONTACT crewsails@gmail.com

**SUS, NOT JUST PASSENGERS,
WE ARE CREW!**

NEW MEMBERS ORIENTATION

SATURDAY SEPT 10 @1PM

Ponus Yacht Club, 41 Bateman Way, Stamford

Attending Member (MOC) & Dockside (DOC) orientation courses is required of all new members:

MOC BEFORE sailing on boats,

DOC by the end of the first membership year.

Please sign up with Vice Commodore Janet at crewsails@gmail.com 914-522-9645



September Birthdays

Petra Schallenberg 9/4

Marla Dans 9/5

Sue Gallo 9/9

Meg Kelley 9/18

Welcome New Members!

NAME	Self Rate	Town
Paul Burger	Novice	Wilton CT
Betsy Karp	Novice	NYC
John Pokluda	Crew	New Canaan CT

President's Message—Alison Merlo



The unofficial summer of 2022 is a wrap! Have no fear, there is plenty of sailing to be had and some would argue that the best is yet to come. Get yourselves on a boat, just email our Vice Commodore, Janet Steinberg at crewsails@gmail.com. Several of our skippers are looking for crew for day and twilight sails. She is sending out weekly email reminders announcing availability. Be sure to contact her!

The trip down the East River on the Klondike was a huge success! It was a picture-perfect evening, city lights and Lady Liberty did not disappoint. I would encourage you all to participate in future events such as this one. It is an incredible opportunity to socialize with your fellow SUSers and provides the ability to meet new friends. We have a club picnic scheduled for September 11th, free to club members and the end of season party on October 8 at Cedar Point YC. Of course, ample sailing outings in between. Clear your calendars and get on board!

Remember, as the season comes to an end, our Skippers will be looking for people to help decommission their vessels. Also, it's another great way to meet your friends and to lend a helping hand to the skippers who offer their hospitality by making their boats available to all.

We are a club of volunteers and would love your help on one of the open board positions and/or help with one of our committees. It is because of our volunteers that we can offer so many outings and activities. If you have any inkling in participating, please reach out to our Vice President, Bob Frishman, rjfrish@gmail.com, for more information.

Thanks for another great season! Happy Sails. 



Commodore's Corner—Peter Luciano

Hello to All & Welcome to the 2022 Fall Sailing Season



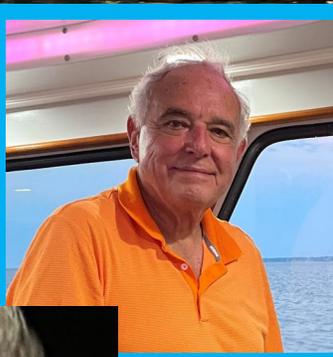
We have had a great 2022 season and we have more on and off the water events ahead.

For over 30 years, SUS has been bringing together single people with an interest in sailing, boating and related activities, and continues to attract members to share in these experiences. As we start planning for next year, I want and need to hear from you, input about what we should be doing to keep us interesting, fun and growing. Any suggestions and new ideas about sailing events & activities, offshore as well as onshore, that we might try are very welcome. I have been around for quite some time and might be stuck in the mud retreating to the familiar, so I want your input. Please send me (sloopquest@aol.com) your suggestions for both the remainder of the year as well as the future. I cannot promise every idea will be accepted but I will consolidate your responses and present them to both the skippers and the board for review and potential acceptance. Again, your input is very important to the future of SUS.

Also, your board is looking for new members to join the board, replacing some of the outgoing members. It is your opportunity to contribute to your club's activities. If you get a call from a member of the Nominating Committee, please give some serious thought to accepting a position on the board. In fact, just contact Bob Frishman, Chair of the Committee (rjfrish@gmail.com) and get involved.

In advance, thanks for your input and participation,
Captain Peter A Luciano, SUS Commodore

Sail on the Klondike



Vice Commodore's Message—Janet Steinberg

KEEP CALM AND CARRY ON



Sadly, my sailing season has ended early. It came to an abrupt stop on a sunny Sunday afternoon two weeks ago while I was sailing on a 23-foot Sonar, in local waters, with three other crew. The boat (I was skipper) was caught by an unexpected gust of wind and the helmsperson, on the tiller, who intended to head into the wind to tack, turned the boat away from the wind and we had an unintended and uncontrolled jibe. In the attempt (by me) to trim the mainsail, my arm and the mainsheet block and tackle crossed paths resulting in a fractured wrist!



Luckily, after the initial shock of realizing what had happened we were able to gain control of the boat by quickly taking in the jib, get on course and trim the mainsail, immobilize my wrist, with a glasses case and sail tie, sail the boat back to our mooring, successfully pick up our mooring under sail (no motor on these boats) put the boat to bed at the mooring, call the launch and get to shore. A lot to think about in a very fraught situation, which could have easily had a more serious outcome.

In reviewing these events (my arm is now immobilized for 6 weeks following surgery) I have had plenty of time to think. As with many “accidents”, it is not just one problem that happens but a cascade of situations that lead up to the event.

Commodore Pete often describes sailing as “mostly beautiful moments, interrupted with moments of Stark Terror!” (Fittingly the name of a previous boat!)

As in any urgent situation, the biggest issue is distracted panic and no plan. The initial loss of focus we encountered was quickly resolved and a recovery plan put into action - both sailing and medical. By the time we reached home base, the boat and crew were feeling calmer and positive about what had happened. Everyone had worked together (the crew had met for the first time that day) and our helmsperson had succeeded in getting our boat back onto its mooring (something they had never done before) totally under sail, under very difficult conditions of wind, wave, and tide. Jobs well done. Thank you all!

I'm happy to report that despite this unexpected event on the water, the 3 other crew went on to successfully achieve their ASA 101 qualification with a sailing story to tell as well. A story about an emergency, and how a glasses case and a sail tie can immobilize a wrist until professional help is available!

SAFETY ON THE WATER is a priority in SUS. Some thoughts:

- Sailing is a mostly safe sport but does carry risk of injury. Be mindful of your actions, be aware of your surroundings.
- Wear your PFDs - they increase your chance of survival should you go overboard.
- Carry a VHF radio and know how to use it.
- Practice your emergency procedures Fire, COB (crew overboard)
- Consider taking a CPR and first aid course. Carry a first aid kit.
- Impaired boating/sailing (alcohol/drugs/marijuana) is involved in most avoidable accidents. Don't do it.
- As always, respect for the weather conditions and respect for your fellow crew.



August Sailing Activities



POP QUIZ by Gary Silberberg

Answer to the August pop quiz: What geographical area is covered by Chart 1?

NONE! Chart 1 doesn't cover *any* geographical area. Remember, I said it was a trick question.

Chart 1 is a catalog of all the symbols and abbreviations used on US Charts.

While you can buy a printed copy of Chart 1 (and I have a copy on my boat) you can also download a FREE PDF copy, over 100 pages, from:

<https://nauticalcharts.noaa.gov/publications/docs/us-chart-1/ChartNo1.pdf>

The latest copy is dated August, 2019

Congratulations to Janet Steinberg who was first with the correct answer. Way to go, Janet!

Editor's note: In August I reported that no one had submitted an answer to the July pop quiz. (Two purposes of a winch). In error I failed to note that Joe DeFranco had submitted an answer. While the two purposes of a winch are to increase mechanical advantage and the ability to change the angle of effort, Paul Savage has stated that a winch also allows you to let out a sail which is under load. While this is correct, it is still a method of the winch providing a mechanical advantage.

Pop Quiz for September:

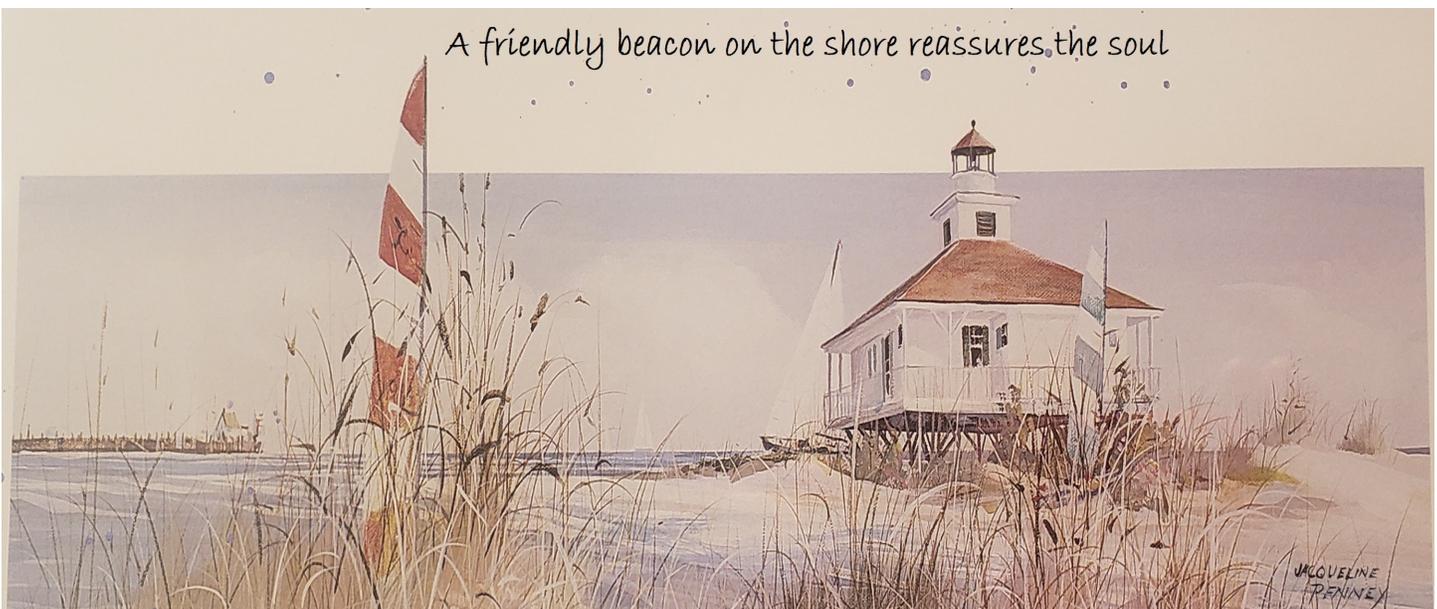
Taken from your own already acquired boating knowledge and **without referring to the Internet, other members or other resources**, please submit your answer to the following.

You are on a typical SUS sailboat (ie. boat is at least 22' but less than 65') and are out sailing after sunset:

- What, if any, lights should you be showing?
- Same question, but you are using the auxiliary motor
- **Bonus Question:** Should you ever have your lights on during the day?

The first person with the correct answer will have their name published in next month's *Masthead* along with the correct answer. The reason I don't want you to refer to the Internet or other resources is because, if you were out on a boat and encountered this/these situation(s) you would not have the time to consult.

Email your answer to Gary Silberberg at GreenwichRealty@aol.com and put "POP QUIZ" in the subject.



HAVE AN SUS QUESTION? *Contact:*

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Special Events * SUSpublicrelations1@gmail.com	Ronnie Ross	
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* *Board Member*